

# Campbell Essential Biology with Physiology

SIXTH EDITION

Simon • Dickey • Reece



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# CAMPBELL

# essential 6e biology

with physiology

GLOBAL EDITION

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## **About the Authors**



#### **ERIC J. SIMON**

is a professor in the Department of Biology and Health Science at New England College (Henniker, New Hampshire). He teaches introductory biology to science majors and nonscience majors, as well as upper-level courses in tropical marine biology and careers in science. Dr. Simon received a B.A. in biology and computer science, an M.A. in biology from Wesleyan University, and a Ph.D. in biochemistry

from Harvard University. His research focuses on innovative ways to use technology to increase active learning in the science classroom, particularly for nonscience majors. Dr. Simon is also the author of the introductory biology textbook *Biology: The Core*, 2nd Edition, and a coauthor of *Campbell Biology: Concepts & Connections*, 9th Edition.

To my lifelong friends BZ, SR, and SR, who have taught me the value of loyalty and trust during decades of unwavering friendship



#### JANE B. REECE

was Neil Campbell's longtime collaborator and a founding author of *Campbell Essential Biology* and *Campbell Essential Biology with Physiology*. Her education includes an A.B. in biology from Harvard University (where she was initially a philosophy major), an M.S. in microbiology from Rutgers University, and a Ph.D. in bacteriology from the University of California, Berkeley. At UC Berkeley, and later as a postdoctoral fellow

in genetics at Stanford University, her research focused on genetic recombination in bacteria. Dr. Reece taught biology at Middlesex County College (New Jersey) and Queensborough Community College (New York). Dr. Reece's publishing career began in 1978 when she joined the editorial staff of Benjamin Cummings, and since then, she played a major role in a number of successful textbooks. She was the lead author of *Campbell Biology* Editions 8–10 and a founding author of *Campbell Biology*: Concepts & Connections.

To my wonderful coauthors, who have made working on our books a pleasure



#### **JEAN L. DICKEY**

is Professor Emerita of Biological Sciences at Clemson University (Clemson, South Carolina). After receiving her B.S. in biology from Kent State University, she went on to earn a Ph.D. in ecology and evolution from Purdue University. In 1984, Dr. Dickey joined the faculty at Clemson, where she devoted her career to teaching biology to nonscience majors in a variety of courses. In addition to creating content-based instructional

materials, she developed many activities to engage lecture and laboratory students in discussion, critical thinking, and writing, and implemented an investigative laboratory curriculum in general biology. Dr. Dickey is the author of *Laboratory Investigations for Biology*, 2nd Edition, and is a coauthor of *Campbell Biology: Concepts & Connections*, 9th Edition.

To my mother, who taught me to love learning, and to my daughters, Katherine and Jessie, the twin delights of my life



#### **NEIL A. CAMPBELL**

(1946–2004) combined the inquiring nature of a research scientist with the soul of a caring teacher. Over his 30 years of teaching introductory biology to both science majors and nonscience majors, many thousands of students had the opportunity to learn from him and be stimulated by his enthusiasm for the study of life. He is greatly missed by his many friends in the biology community. His coauthors remain inspired by his

visionary dedication to education and are committed to searching for everbetter ways to engage students in the wonders of biology.

### **Preface**

Biology education has been transformed in the last decade. The non-majors introductory biology course was (in most cases) originally conceived as a slightly less deep and broad version of the general biology course. But a growing recognition of the importance of this course—one that is often the most widely enrolled within the department, and one that serves as the sole source of science education for many students—has prompted a reevaluation of priorities and a reformulation of pedagogy. Many instructors have narrowed the focus of the course from a detailed compendium of facts to an exploration of broader themes within the discipline themes such as the central role of evolution and an understanding of the process of science. For many educators, the goals have shifted from communicating a great number of bits of information toward providing a deep understanding of fewer, but broader, principles. Luckily for anyone teaching or learning biology, opportunities to marvel at the natural world and the life within it abound. Furthermore, nearly everyone realizes that the subject of biology has a significant impact on his or her own life through its connections to medicine, biotechnology, agriculture, environmental issues, forensics, and many other areas. Our primary goal in writing Campbell Essential Biology with Physiology is to help teachers motivate and educate the next generation of citizens by communicating the broad themes that course through our innate curiosity about life.

#### Goals of the Book

Although our world is rich with "teachable moments" and learning opportunities, an explosion of knowledge threatens to bury a curious person under an avalanche of information. "So much biology, so little time" is the universal lament of biology educators. Neil Campbell conceived of Campbell Essential Biology with Physiology as a tool to help teachers and students focus on the most important areas of biology. To that end, the book is organized into six core areas: cells, genes, evolution, ecology, animal physiology, and plant physiology. Dr. Campbell's vision, which we carry on and extend in this edition, has enabled us to keep Campbell Essential Biology with Physiology manageable in size and thoughtful in the development of the concepts that are most fundamental to understanding life. We've aligned this new edition with today's "less is more" approach in biology education for nonscience majors—where the emphasis is on fewer topics but broader themes—while never allowing the important content to be diluted.

We formulated our approach after countless conversations with teachers and students in which we noticed some important trends in how biology is taught. In particular, many instructors identify three goals: (1) to engage students by relating biology content to their lives and the greater society; (2) to help students understand the process of science by teaching critical thinking skills that can be used in everyday life; and (3) to demonstrate how biology's broader themes—such as evolution and the relationship of structure to function—serve to unify the entire subject. To help achieve these

goals, every chapter of this book includes several important features. First, a chapter-opening essay called Biology and Society highlights a connection between the chapter's core content and students' lives. Second, an essay called The Process of Science (in the body of the chapter) describes how the scientific process has illuminated the topic at hand, using a classic or modern experiment as an example. Third, a chapter-closing Evolution Connection essay relates the chapter to biology's unifying theme of evolution. Fourth, the broad themes that unify all subjects within biology are explicitly called out (in blue) multiple times within each chapter. Finally, to maintain a cohesive narrative throughout each chapter, the content is tied together with a unifying chapter thread, a relevant high-interest topic that is touched on several times in the chapter and woven throughout the three feature essays. Thus, this unifying chapter thread ties together the pedagogical goals of the course, using a topic that is compelling and relevant to students.

#### New to This Edition

This latest edition of *Campbell Essential Biology with Physiology* goes even further than previous editions to help students relate the material to their lives, understand the process of science, and appreciate how broad themes unify all aspects of biology. To this end, we've added significant new features and content to this edition:

- A new approach to teaching the process of science.
  - Conveying the process of science to nonscience-major undergraduate students is one of the most important goals of this course. Traditionally, we taught the scientific method as a predefined series of steps to be followed in an exact order (observation, hypothesis, experiment, and so forth). Many instructors have shifted away from such a specific flow chart to a more nuanced approach that involves multiple pathways, frequent restarts, and other features that more accurately reflect how science is actually undertaken. Accordingly, we have revised the way that the process of science is discussed within our text, both in Chapter 1 (where the process is discussed in detail) and in The Process of Science essay in every chapter of the textbook. Rather than using specific terms in a specific order to describe the process, we now divide it into three broad interrelated areas; background, method, and results. We believe that this new approach better conveys how science actually proceeds and demystifies the topic for non-scientists. Chapter 1 also contains important information that promotes critical thinking, such as discussion of control groups, pseudoscience, and recognizing reliable sources of information. We believe that providing students with such critical-thinking tools is one of the most important outcomes of the nonscience-major introductory course.
- Major themes in biology incorporated throughout the book. In 2009, the American Association for the Advancement of Science published a document that served as a call to action in undergraduate biology education.

The principles of this document, which is titled "Vision and Change," are becoming widely accepted throughout the biology education community. "Vision and Change" presents five core concepts that serve as the foundation of undergraduate biology. In this edition of Campbell Essential Biology with Physiology, we repeatedly and explicitly link book content to themes multiple times in each chapter, calling out such instances with boldfaced blue text. For example, in Chapter 4 (A Tour of the Cell), the interrelationships of cellular structures are used to illustrate the theme of interactions within biological systems. The plasma membrane is presented as an example of the relationship between structure and function. The cellular structures in the pathway from DNA to protein are used to illustrate the importance of information flow. The chloroplasts and mitochondria serve as an example of the transformations of energy and matter. The DNA within these structures is also used to illustrate biology's overarching theme of evolution. Students will find three to five examples of themes called out in each chapter, which will help them see the connections between these major themes and the course content. To reinforce these connections, this edition of Campbell Essential Biology with Physiology includes new end-of-chapter questions and Mastering Biology activities that promote critical thinking relating to these themes. Additionally, PowerPoint® lecture slides have been updated to incorporate chapter examples and offer guidance to faculty on how to include in these themes within classroom lectures.

**Updated connections to students' lives.** In every edition of Campbell Essential Biology with Physiology, we seek to improve and extend the ways that we connect the course content to students' lives. Accordingly, every chapter begins with an improved feature called Why It Matters showing the relevance of the chapter content from the very start. Additionally, with every edition, we introduce some new unifying chapter threads intended to improve student relevance. For example, this edition includes new threads that discuss evolution in a human-dominated world (Chapter 14) and the importance of biodiversity to human affairs (Chapter 20). As always, we include some updated Biology and Society chapter-opening essays (such as "A Solar Revolution" in Chapter 7), The Process of Science sections (such as a recent experiment investigating the efficacy of radiation therapy to treat prostate cancer, in Chapter 2), and Evolution Connection chapter-closing essays (such as an updated discussion of biodiversity hot spots in Chapter 20). As we always do, this edition includes many content updates that connect to students' lives, such as information on

- cutting-edge cancer therapies (Chapter 8) and recent examples of DNA profiling (Chapter 12).
- Developing data literacy through infographics. Many nonscience-major students express anxiety when faced with numerical data, yet the ability to interpret data can help with many important decisions we all face. Increasingly, the general public encounters information in the form of infographics, visual images used to represent data. Consistent with our goal of preparing students to approach important issues critically, this edition includes a series of new infographics, or Visualizing the Data figures. Examples include the elemental composition of the human body (Chapter 2), a comparison of calories burned through exercise versus calories consumed in common foods (Chapter 5), and ecological footprints (Chapter 19). In addition to the printed form, these infographics are available as assignable tutorial questions within Mastering Biology.
- Helping students to understand key figures. For this new edition, a key figure in each chapter is supplemented by a short video explaining the concept to the student. These Figure Walkthrough videos will be assignable in Mastering Biology. The animations are written and narrated by authors Eric Simon and Jean Dickey, as well as teacher and contributor Rebecca Burton.

Attitudes about science and scientists are often shaped by a single, required science class—this class. We hope to nurture an appreciation of nature into a genuine love of biology. In this spirit, we hope that this textbook and its supplements will encourage all readers to make biological perspectives a part of their personal worldviews. Please let us know how we are doing and how we can improve the next edition of Campbell Essential Biology with Physiology.

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The following Visual Walkthrough highlights key features of Campbell Essential Biology with Physiology 6e.

# **Develop and practice science literacy skills**

**Learn how** to view your world using scientific reasoning with *Campbell Essential Biology* with *Physiology*. See how concepts from class and an understanding of how science works can apply to your everyday life. Engage with the concepts and practice science literacy skills with Mastering Biology and Pearson eText.

# **NEW!** New and updated Process of Science essays

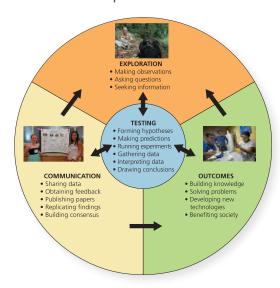
present scientific discovery as a flexible and non-linear process.

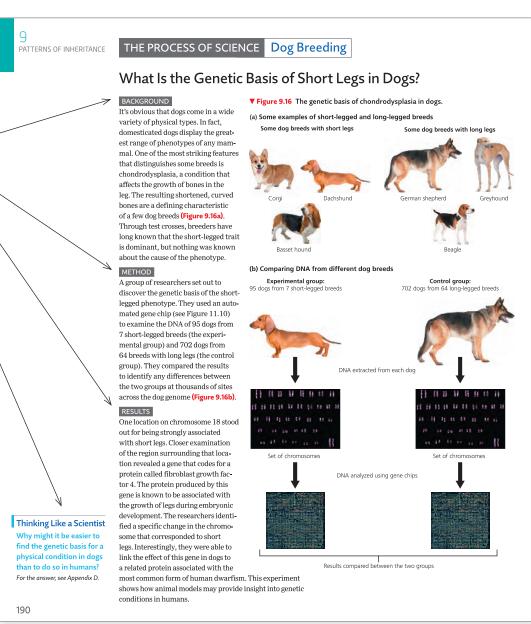
Each essay summarizes the background, method, and results from a scientific study.

New Thinking Like a Scientist questions appear at the end of each Process of Science essay and involve applying a scientific reasoning skill.

## **Examples of new Process of Science topics include:**

- Chapter 4: How Was the First 21st-Century Antibiotic Discovered? p. 95
- Chapter 9: What Is the Genetic Basis of Short Legs in Dogs? p.190
- Chapter 11: Can Avatars Improve Cancer Treatment? p.244
- Chapter 16: What Killed the Pines? p.364
- Chapter 20: Does Biodiversity Protect Human Health? p.480

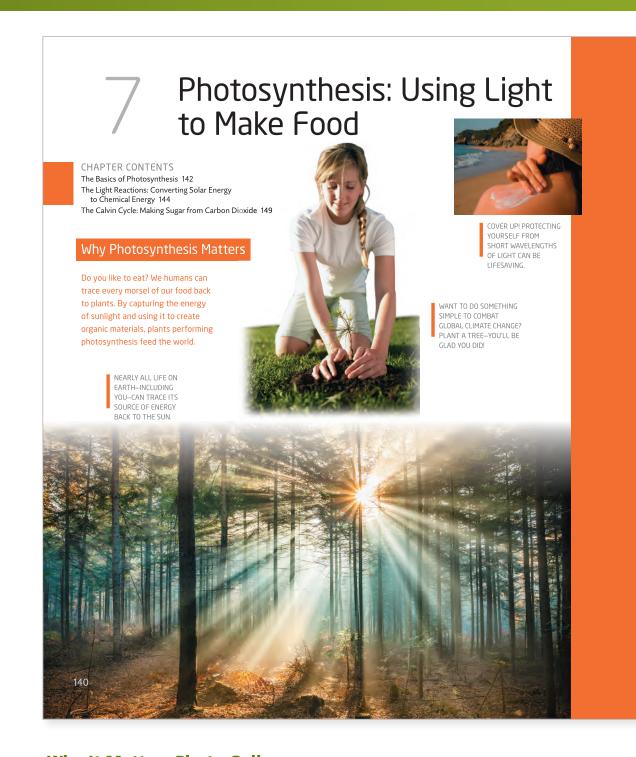




## **NEW!** A new organization and new content in Chapter 1

focus on science literacy skills to introduce the process of science right from the start.

# **Explore biology with...**



Why It Matters Photo Collages have been updated to give real-world examples to convey why abstract concepts like cellular respiration or photosynthesis matter.

## ... the most relevant, real-world examples

ne Zika virus. Spikes made protein enable the virus to cognize a host cell.

**New and Updated Chapter Threads** weave a compelling topic throughout each chapter, highlighted in the Biology and Society, The Process of Science, and Evolution Connection essays.



#### The Global Threat of Zika Virus

In 2015, an alarming number of babies were born in Brazil with severe damage to their central nervous systems and sensory organs. The affected babies had neurological problems (such as underdeveloped brains and seizures), slow growth, difficulty feeding, and joint and muscle problems. After a frantic search, health officials discovered a link between these abnormalities and exposure to a little-known pathogen: the Zika virus. By 2016, when the United Nations World Health Organization (WHO) issued a worldwide health emergency, Zika virus and Zika-related health problems in newborns began appearing in warm, humid regions of the United States and many other countries.

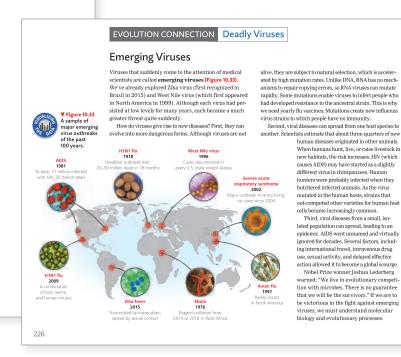
The Zika virus was first discovered to infect humans in 1952 and had been identified in African monkeys a few years earlier. Zika virus can be transmitted to humans by one species of mosquito. It can also be spread between sexual partners. But Zika virus is not dangerous to most healthy adults. In fact, some people feel just fine after being infected, while others have mild symptoms like aches or a fever. However, Zika virus can be spread from mother to fetus. Unfortunately, developing babies are particularly vulnerable to the virus's effects.

Health agencies have few weapons against Zika virus. There is no vaccine, and medicines can only treat symptoms. Nighttime mosquito netting and staying indoors after dusk can offer protection against many mosquito-borne diseases, but the mosquitoes that carry Zika virus bite both night and day. Public awareness campaigns aimed at avoiding mosquito bites and eliminating mosquito breeding grounds (such as stagnant water) have been implemented in Zika-prone areas. In November of 2016, WHO declared that the Zika global health emergency was over, not because Zika is gone, but because it is expected to be a long-term problem, the "new normal" rather than an emergency.

The Zika virus, like all viruses, consists of a relatively simple structure of nucleic acid (RNA in this case) and protein. Viruses operate by hijacking our own cells and turning them into virus factories. Combatting any virus therefore requires a detailed understanding of life at the molecular level. In this chapter, we will explore the structure of life's most important molecule—DNA—to learn how it replicates, mutates, and controls the cell by directing the synthesis of RNA and protein.

#### New Chapter Threads include:

- Chapter 1: Swimming with the Turtles
- Chapter 2: Helpful Radiation
- Chapter 7: Solar Energy
- Chapter 13: Evolution in Action
- Chapter 14: Evolution in the Human-Dominated World
- Chapter 20: Importance of Biodiversity



#### **Evolution Connection essays**

demonstrate the importance of evolution as a theme throughout biology, by appearing in every chapter.

Some new topics:

- Chapter 1 Turtles in the Tree of Life p. 52
- Chapter 10 Emerging Viruses p. 226
- Chapter 20 Saving the Hot Spots p. 483
- Chapter 27 A Neurotoxin Arms Race p. 633

#### **Biology and Society essays**

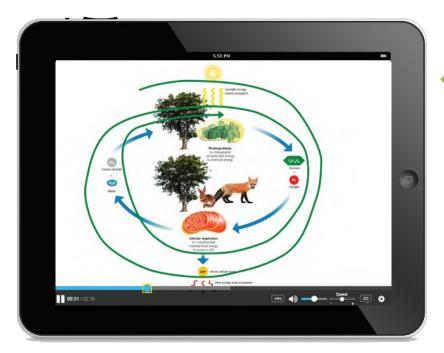
relating biology to everyday life are either new or updated. Some new topics:

- Chapter 7: A Solar Revolution p. 141
- Chapter 10: The Global Threat of Zika Virus p. 205
- Chapter 14: Humanity's Footprint p. 303
- Chapter 17: Evolving Adaptability p. 371

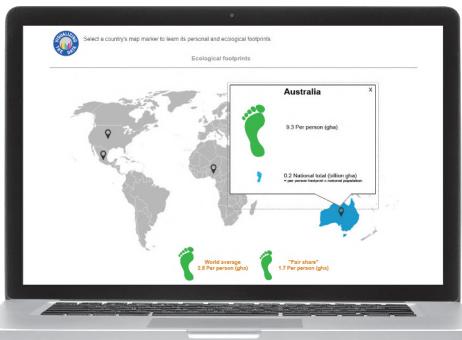
# Complex biological processes are explained . . .

Mastering™ Biology is an online homework, tutorial, and assessment platform that improves results by helping students quickly master concepts.

A wide range of interactive, engaging, and assignable activities, many of them contributed by *Campbell Essential Biology with Physiology* authors, encourage active learning and help with understanding tough course concepts.



NEW! 29 Figure Walkthrough Videos, created and narrated by the authors, give clear, concise explanations of key figures in each chapter. The videos are accessible through QR codes in the print text, and assignable in Mastering Biology.



**NEW! Visualizing the Data** coaching activities bring the infographic figures in the text to life and are assignable in Mastering Biology.

# ... with engaging visuals and narrated examples in Mastering Biology

**12 Topic Overview videos**, created by the authors, introduce key concepts and vocabulary. These brief, engaging videos introduce topics that will be explored in greater depth in class.

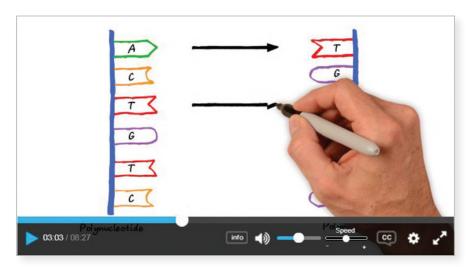
#### Topics include:

- Macromolecules
- Ecological Organization
- Mechanisms of Evolution
- An Introduction to Structure and Function
- Interactions Between the Respiratory and Circulatory Systems
- DNA Structure and Function
- ... And more!







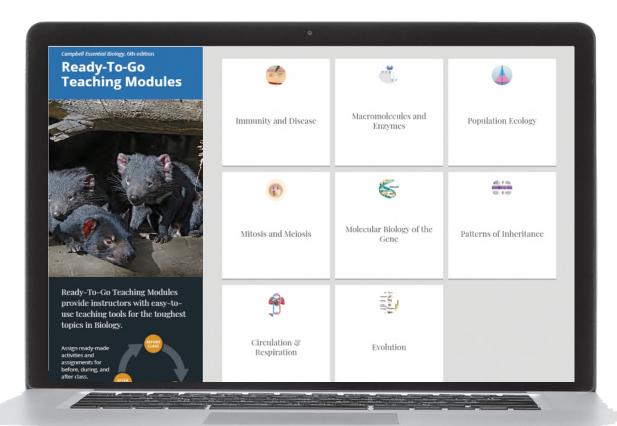


g the terms on the left t	to the appropriate blanks on the right to complete the sentences.
	Reset
RNA	serves as the molecular basis for life.
replication	DNA copies itself via the process of
base	DIVI COPIES IISBII VII IIIE PIOCESS OI
translation	RNA is produced from DNA via the process of
DNA	Proteins are produced from RNA via the process of .
transcription	There are five examples of a : A, G, C, T, and U.
	One way that is different from DNA is that it contains Us instead of Ts.

BioInteractive Short Films from HHMI, Video Tutors, BioFlix® 3D animations, and MP3 Audio Tutors

support key concept areas covered in the text and provide coaching by using personalized feedback on common wrong answers.

## New approaches to teaching and learning . . .

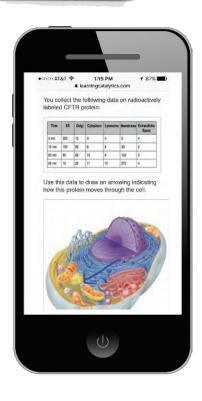


#### Ready-to-Go Teaching Modules

make use of teaching tools for before, during, and after class, including new ideas for in-class activities. These modules incorporate the best that the text, Mastering Biology, and Learning Catalytics have to offer and can be accessed through the Instructor Resources area of Mastering Biology.

**Learning Catalytics™** helps generate class discussion, customize lectures, and promote peer-to-peer learning with real-time analytics. Learning Catalytics acts as a student response tool that uses students' smartphones, tablets, or laptops to engage them in more interactive tasks and thinking.

- Help your students develop critical thinking skills
- Monitor responses to find out where your students are struggling
- Rely on real-time data to adjust your teaching strategy



## ... and the resources to accomplish them

**Extensive resources** save instructors valuable time both in course preparation and during class. Instructor materials can be accessed and downloaded from the Instructor Resources area of Mastering Biology. www.pearson.com/mastering/biology

New! Identifying Major Themes end-of-chapter questions in the text and coaching activities in Mastering Biology give instructors resources to integrate Vision and Change biological themes into their course.

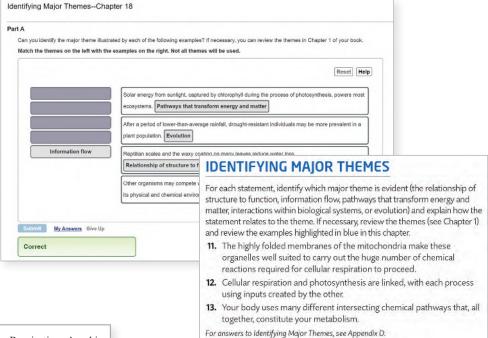
#### **Revised Guided Reading Activities**

in the Mastering Biology Study Area and Instructor Resources offer a simple resource that encourages students to get the most out of each text chapter. These worksheets accompany each chapter of the text and are downloadable from Mastering Biology.

Complete the following questions as you read the chapter content—Cellular Respiration: Aerobic Harvest of Food Energy:

- 1. The majority of a cell's ATP is produced within which of the following organelles?
  - a. mitochondria
  - b. nucleus
  - c. ribosome
  - d. Golgi apparatus
- Students frequently have the misconception that plant cells don't perform cellular respiration. Briefly explain the basis of this misconception.
- Briefly explain why the overall equation for cellular respiration has multiple arrows. Use the following figure, which illustrates the equation for cellular respiration, to help you answer.



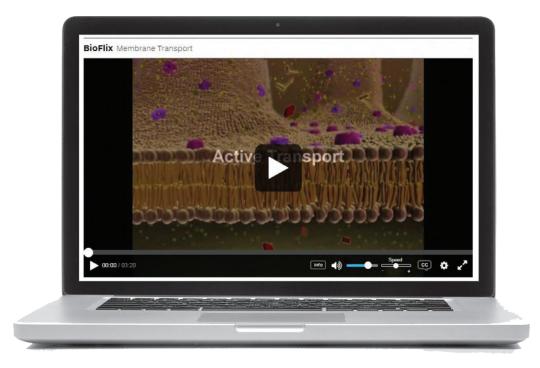


The Instructor Exchange in the Instructor Resources area of Mastering Biology provides successful, class-tested active learning techniques and analogies from biology instructors around the world, offering a springboard for quick ideas to create more compelling lectures. Contributor Kelly Hogan moderates contributions to the exchange.

# **Engage with biology concepts anytime, anywhere with Pearson eText**

New to Campbell Essential Biology 7th edition/Campbell Essential Biology with Physiology 6th edition, the Pearson eText includes videos, interactives, animations, and audio tutors that bring the text to life and help you understand key concepts. Get all the help you need in one integrated digital experience.

NEW! Over 100 rich media resources, many of them created by the author team, are included in the Pearson eText and accessible on smartphones, tablets, and computers. Examples of the rich media include: Figure Walkthrough videos, Topic Overview videos, MP3 Audio Tutors, Video Tutors, and BioFlix Tutorials.





**Pearson eText** Mobile App offers offline access and can be downloaded for most iOS and Android phones/tablets from the Apple App Store or Google Play.

# Acknowledgments

Throughout the process of planning and writing *Campbell Essential Biology with Physiology*, the author team has had the great fortune of collaborating with an extremely talented group of publishing professionals and educators. We are all truly humbled to be part of one of the most experienced and successful publishing teams in biology education. Although the responsibility for any shortcomings lies solely with the authors, the merits of the book and its supplements reflect the contributions of a great many dedicated colleagues.

First and foremost, we must acknowledge our huge debt to Neil Campbell, the founding author of this book and a source of ongoing inspiration for each of us. Although this edition has been carefully and thoroughly revised—to update its science, its connections to students' lives, its pedagogy, and its currency—it remains infused with Neil's original vision and his commitment to share biology with introductory students.

This edition benefited significantly from the efforts of contributor Rebecca S. Burton from Alverno College. Using her years of teaching expertise, Becky made substantial improvements to two chapters, contributed to the development of new and revised Chapter Thread essays, and helped shape the emphasis on the unifying themes throughout the text and in Mastering Biology. We thank Becky for bringing her considerable talents to bear on this edition!

This book could not have been completed without the efforts of the *Campbell Essential Biology with Physiology* team at Pearson Education. Leading the team is courseware portfolio management specialist Alison Rodal, who is tireless in her pursuit of educational excellence and who inspires all of us to constantly seek better ways to help teachers and students. Alison stands at the interface between the book development team and the educational community of professors and students. Her insights and contributions are invaluable. We also thank the Pearson Science executive team for their supportive leadership, in particular, senior vice president of portfolio management Adam Jaworski, director of portfolio management Beth Wilbur, and directors of courseware content development Barbara Yien and Ginnie Simione Jutson.

It is no exaggeration to say that the talents of the best editorial team in the industry are evident on every page of this book. The authors were continuously guided with great patience and skill by courseware senior analyst John Burner and senior developmental editor Susan Teahan. We owe this editorial team—which also includes the wonderfully capable and friendly editorial assistant Alison Candlin—a deep debt of gratitude for their talents and hard work.

Once we formulated our words and images, the production and manufacturing teams transformed them into the final book. Senior content producer Lori Newman oversaw the production process and kept everyone and everything on track. We also thank the managing content producer Mike Early for his careful oversight. Every edition of *Campbell Essential Biology with Physiology* is distinguished by continuously updated and beautiful photography. For that we thank photo researcher Kristin Piljay, who constantly dazzles us with her keen ability to locate memorable images.

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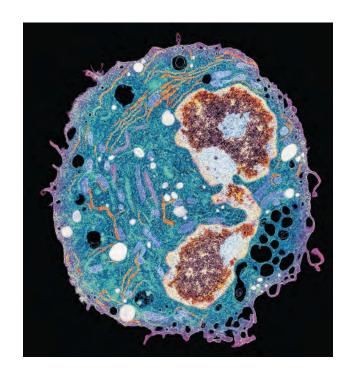
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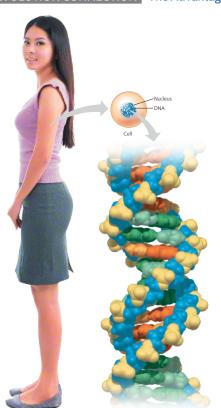
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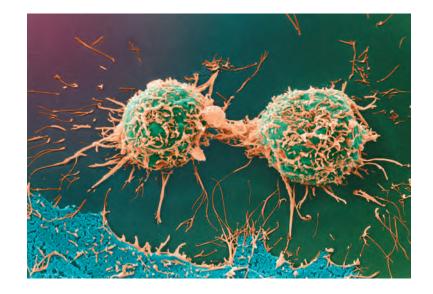
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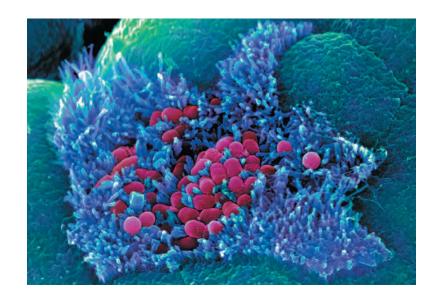


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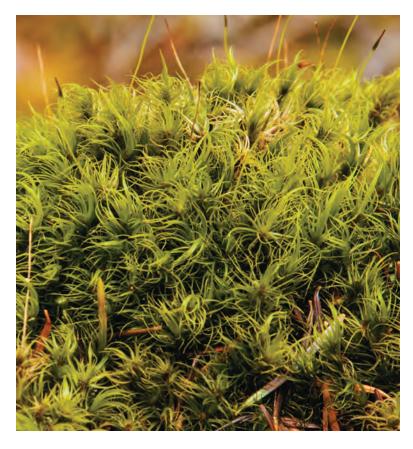
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